



The care you need **for the life you want.**



VILLAGE CROSSING

ASSISTED LIVING | MEMORY CARE

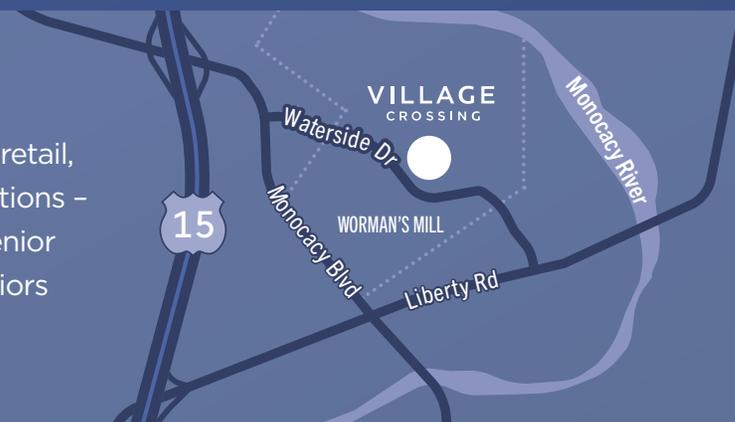


Where all roads
lead to something
new in senior living.

VENTURE BEYOND PREDICTABLE.

Explore senior living that offers a
unique experience to residents and
families alike.

Located in the heart of the vibrant
Village at Worman's Mill - close to fine retail,
dining, entertainment, and other attractions -
Village Crossing is a boutique, rental senior
living community designed to help seniors
live well and age well.





Offering Assisted Living and Memory Care, we have carefully curated the people, programs, services and amenities to keep residents loving life in a close-knit setting of warmth, hospitality, and friendship.



Distinctive.
Worry-Free.
Engaging.



A lifestyle like no other.

Village Crossing is a rental community; **ONE CONVENIENT MONTHLY FEE** covers a variety of thoughtful services and abundant amenities. Some residents may need additional care beyond the included support. An assessment is conducted to determine additional fee-based levels of care.

Relax in a lifestyle free from worry, stress and chores. We'll take care of it all. We have everything in place for a fulfilling lifestyle for residents and peace of mind for families.



- ▶ Personalized wellness plan and care coordination
- ▶ Around-the-clock support by on-site Wellness Staff
- ▶ Upscale apartment finishes with high ceilings and large windows
- ▶ Engaging programs that offer abundant opportunities to learn and stay active
- ▶ 24/7 concierge service

- ▶ Anytime gourmet dining and multiple dining venues, including the Sage Dining Room, Bistro, and the Liganore Lounge
- ▶ Scheduled transportation to appointments, local shops and attractions
- ▶ Full-service beauty and barber salon
- ▶ Personal laundry, linen service and housekeeping

- ▶ Outdoor courtyard and two sun terraces
- ▶ Spacious common areas available for family gatherings
- ▶ Pet-friendly
- ▶ On-site physical, speech and occupational therapies
- ▶ Utilities, including phone, basic cable and Wi-Fi

Assisted Living

The perfect balance of **PERSONALIZED SUPPORT AND INDIVIDUAL FREEDOM** – that's Assisted Living at its best. That's what you'll find at Village Crossing.



Our compassionate staff is on-site and available 24 hours a day to lend a hand with activities of daily living, including:

- › Bathing
- › Dressing
- › Grooming
- › Getting safely in and out of bed
- › Walking – getting to meals, the salon and activities
- › Medication management

Personalized Care

We understand that no two residents will have the same needs and preferences. Here, care and support are personalized down the smallest detail. We meticulously create custom plans that deliver just the right amount of support to each resident, helping them shape and savor a life they love.

Connections Memory Care

Connections Memory Care is a **PERSONALIZED APPROACH** that meets residents where they are on their journey with Alzheimer's disease or another form of dementia.



Our program employs the Positive Approach® to Care developed by dementia care expert Teepa Snow. This approach recognizes each individual's changing abilities and adjusts expectations, creating a calm, supportive and understanding environment. Simply put, as a resident's journey continues and evolves, so do we, providing the most appropriate care at any given moment, with patience and dignity.

A secure, friendly neighborhood

Connections is delivered in a secure neighborhood for the safety of our residents. These thoughtfully designed spaces feature beautiful apartments for safe living and adaptive life-enriching programming.

Specialized Parkinson's Care

Live Well. Mind, Body & Spirit

Those living with Parkinson's Disease or another movement disorder want a support team that understands their individual needs and goals to help them live their best life.

We know the uncertainty and unpredictability Parkinson's weighs on both the resident and their loved ones. That's why we created a comprehensive program backed by a compassionate and encouraging team of experts — whose focus is supporting those with movement disorders.

Our interdisciplinary team, including a physician, nurse practitioner, psychiatric nurse practitioner and nutritionist, go the extra mile to advocate for residents so they receive the care they deserve.

Parkinson's Care Program includes:

- ▶ A customized care plan to improve mobility, function, posture, gait, balance, speech and fine motor skills, and reduce rigidity and tremors.
- ▶ Specially trained physical and speech therapists certified in LSVT BIG® and LSVT LOUD®
- ▶ Chef-prepared menu options to support dietary needs



Our Signature Programs



MOSAIC

Movement • Outreach • Social • Arts • Intellect • Curiosity

YOUR DAY, YOUR WAY.

Our MOSAIC program of enriching experiences is guided by residents.

MOSAIC goes beyond a calendar of events. It represents and encompasses everything that fuels a well-rounded life.

At Village Crossing, we believe in flexibility and personal choice and understand that everyone's pace and interests differ. Our MOSAIC philosophy empowers residents to build their own day to include activities tailored to their preferences.

We find that when a resident can find purpose in their abilities, their overall health and well-being benefit.



Move for Life

PHYSICAL THERAPY



Through our partnership with Move for Life, we keep residents moving and **FEELING THEIR BEST.**

Move for Life delivers full-time, on-site physical, occupational and speech therapies to residents. Working together, this interdisciplinary team of therapists provides personalized programs designed to meet the needs of each resident. These individualized plans build strength, balance and flexibility – key components in aging well.



Move-in ready means modern, maintenance-free living.

SPACIOUS. BRIGHT. WELCOMING. In your new maintenance-free residence, you'll find the perfect balance of privacy and community engagement.

Choose from a variety of spacious Assisted Living or Memory Care residences that include studio, one- or two-bedroom floor plans, complete with a kitchenette, full bath, and access to community amenities.

COME HOME TO COMFORT, ELEGANCE AND STYLE.







VILLAGE CROSSING

BY SOLERA SENIOR LIVING

ASSISTED LIVING | MEMORY CARE

240-651-5637

2480 Waterside Drive | Frederick, MD 21701

VillageCrossingAtWormansMill.com

